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ABSTRACT OF THE DISCLOSURE

A vehicle control apparatus and method drives a driven device with power from a drive power source, and performs a control of stopping the drive power source based on a stop request. The load on the drive power source is reduced by controlling the driven device so as to reduce the load on the drive power source if the stop request has been output and a system that controls the rotating of the drive power source is in a state where the system is not allowed to stop the drive power source.